

Frequently Asked Questions about CMHC's Psychiatric Services

1) What are the psychiatry services provide by CMHC?

CMHC employs a board-certified consulting psychiatrist who conducts psychiatric evaluations, medications consultations, and medication management for the treatment of a variety of mental health issues.

2) Do I have to see a psychiatrist if I see a counselor at CMHC?

No. We provide psychiatric services as a treatment option for you. The decision to seek this type of service is made by you, in collaboration with your CMHC counselor.

3) Who is eligible for CMHC Psychiatry services?

Students desiring to attend a psychiatric consultation must also be in concurrent counseling at CMHC, and be referred by a CMHC counselor. This policy is to reflect best practices that a combination of counseling and medication treatment has been shown to have the best success.

For students who do not want counseling at CMHC, or who are looking for only long-term management of medications, a CMHC counselor can provide referrals to a community provider.

4) Does CMHC provide medication management for stimulant (ADHD/ADD) medication?

No. CMHC does not provide medication management for stimulant medication. There is a high demand for psychiatric services, so students seeking stimulant medication will be referred to a community provider.

5) What are the costs for psychiatric services?

The cost of CMHC psychiatric services are covered by student tuition fees at no additional cost to students. Thus, you must be a fully enrolled TCU undergraduate (degree seeking) or graduate student (enrolled in course lectures/classes). For information about the services of the TCU pharmacy, visit <http://www.tcupharmacy.com/>

6) Will the psychiatrist provide a last minute refill of my prescription?

No. We do not provide emergency prescription services.

7) What if I missed my appointment with the CMHC psychiatrist?

Since, psychiatric services are in high demand, it is essential that you call at least 24 hours in advance if you need to reschedule your appointment. Cancellations made the same day will be counted as a "no-show," and students who "no-show" two appointments will be referred to a community provider. Students who also show a pattern of rescheduling appointments may also be referred to a community provider. In addition, missing counseling appointments, or dropping out of counseling prematurely, may lead to ineligibility of psychiatric services.